



## Irvine Senior Services Volunteer Opportunities

Thank you for your interest in volunteering with Irvine Senior Services. To ensure we are meeting the needs of our senior community, we ask that all volunteers commit to volunteering a minimum of two hours per week for at least three months, some positions require six months.

The majority of our volunteer opportunities are Monday through Friday between the hours of 8 a.m. to 1:30 p.m. If you need weekend or evening hours, please see the Fitness Center Attendant and Facility Operations Support opportunities.

Below you will find a listing of our current volunteer openings. If you are interested in any of these opportunities, please contact Connie Larr at 949-724-6096 or [clarr@cityofirvine.org](mailto:clarr@cityofirvine.org)

### Meals on Wheels Driver | Lakeview Senior Center

Deliver both hot and cold meals to homebound seniors in Irvine.

- **Duties:** Pick up prepared food containers and deliver meals to homebound seniors.
- **Shifts:** A minimum of one to three shifts per month is requested. Shifts may be up to 2 hours in length. Drivers should be able to fill in for emergency drives if needed.
- **Requirements:** A commitment of six months is required.

### Rose Garden Café Dishwasher | Lakeview Senior Center

Scrap and rinse dishes after the lunch program at the Rose Garden Café.

- **Duties:** This volunteer position requires scraping and rinsing dishes, putting them in the commercial grade dishwasher and putting them away after being washed.
- **Requirements:** Must be 16+, negative Tuberculosis (TB) test within past year.
- **Available Shifts:** Monday thru Friday 12-2pm. You pick your available day.
- **There is a real need for volunteers to fill this position!**

### Rose Garden Café Servers | Lakeview Senior Center

Serve lunch to seniors during the lunch program at the Rose Garden Café.

- **Duties:** This volunteer Position requires serving plated meals, and drinks to seniors.
- **Requirements:** Must be 14+, negative Tuberculosis (TB) test within the past year.
- **Available Shifts:** Tuesday and Thursday 11:15am-1:30pm. Pick you available day.

## Driver for Non-Emergency Medical Appointments | Lakeview Senior Center

Help ensure seniors in the Irvine community have access to medical care by becoming a volunteer driver.

- **Duties:** Drivers assist seniors with rides to and from non-emergency medical appointments.
- **Requirements:** Must be 21+, have vehicle and insurance. Clear Live Scan fingerprinting through the Department of Justice (drivers will be referred to the Irvine Police Department by Volunteer Coordinator to complete fingerprinting).
- **Available Shifts:** Monday through Friday from 9 am-5 pm. Drivers are able to accept or decline transportation assignments based on their availability.

## Fitness Center Attendant | Rancho Senior Center and Trabuco Senior Center

Help oversee the operations of the Rancho or Trabuco Fitness Centers

- **Duties:** Help ensure members are following policies, pull member files and help monitor expiration dates, assist members with equipment, and answer questions as needed.
- **Requirements:** Must be 18+ and have general knowledge about how to use the fitness equipment.
- **Available Shifts:**
  - **Rancho Fitness Center:** Sunday 9-11am and 12:30-2pm, Monday 8-10am
  - **Trabuco Fitness Center:** Tuesday 12pm-2pm and 4-6 pm; Wednesday 8-10am and 12-2 pm; Friday from 8-10 am, 12-2 pm and 4-6 pm.

Check out some of our volunteers in action....

