

# FOR Families Assistance for

#### Assistance for Individuals = Couples = Families





FOR Families provides information and short-term support to individuals, couples and families living in Irvine who need assistance identifying and accessing services and resources. **FOR Families** staff offers free, confidential consultations by appointment to community members to help assess needs and develop action plans through creative problem solving, goal setting, and resource and referral linkage.

### FOR Families participants seek help with a wide variety of issues including:

- Relationship difficulties
- Parenting issues
- Stress
- Depression, anxiety, mental health issues
- Substance abuse concerns
- Family violence
- Separation, divorce
- Financial issues
- Legal issues
- Adolescent issues







Information and Appointments: 949-724-6650 | forfamilies@cityofirvine.org

# Office hours:

Monday-Friday | 8 a.m.- 5 p.m.

FOR Families services offered by the City of Irvine Community Services Department

## cityofirvine.org/forfamilies