National Charity League

Irvine Meals on Wheels (MOW) is a joint partnership between the City of Irvine and the National Charity League, Inc. (NCL) Irvine chapter. For more than 30 years, NCL's Irvine chapter has adopted MOW as its main philanthropic activity, providing funding for administrative program costs. MOW is available on a donation basis for qualifying seniors ages 60 plus.

City of Irvine
Community Services

Irvine Meals on Wheels

20 Lake Road
Irvine, CA 92604
Phone: 949-724-6910

IrvineSeniors.org

Irvine Meals on Wheels

Established 1980

Providing nutritious, healthy, great tasting home delivered meals to Irvine senior residents for more than 30 years.

949-724-6910

Irvine Meals on Wheels

Irvine Meals on Wheels provides nutritious, healthy, great tasting meals to senior residents or other individuals who cannot prepare or shop for meals themselves.

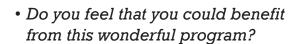Food for an entire day is delivered Monday through Friday between 11:30 a.m. and 1:00 p.m.

The meals consist of:

- Assorted breakfast cereals and breads, milk and juice
- A hot entrée and sides for lunch
- A ready-made evening meal (no heating required)

Appropriate condiments and sides are served with each meal. All three meals meet the Required Daily Allowance for senior citizens. All meals are offered with no sugar added.

Meals are prepared at the Lakeview Senior Center and are cheerfully delivered by caring volunteers. Volunteer drivers provide more than just nourishment; their daily visits offer friendly greetings and dependable, reassuring contact.

Meals on Wheels allows clients the dignity and comfort of remaining self sufficient in their own homes.

- *Do you feel that you could benefit from this wonderful program?*

- *Do you know someone else who might need this service?*

- *Are you interested in supporting the Meals on Wheels program by becoming a community driver or by making a tax deductible donation?*

If you have answered "YES" to any of these questions, please contact our office at:

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Lakeview Senior Center