



# Let's Talk!

The journey is extraordinary and at times overwhelming. If you're feeling stressed, your child is newly diagnosed or you're somewhere in between... Grab a cup of coffee and join us! You can come to be uplifted, or lift someone else!

We welcome all parents and/or caregivers of a child with a neurodevelopmental disability. Our Parent-to-Parent Group invites you to share experiences, successes, challenges, and family impact.

To join us:  
Call (949) 267-0462  
Email: Nellie Valentine at [nelliev@hs.uci.edu](mailto:nelliev@hs.uci.edu)  
or  
[CLICK HERE TO REGISTER](#)

## Meeting Information

- When: Every Second Monday of the Month
- Time: 6:00 PM - 7:30 PM
- Cost: No Cost
- Where: Zoom

