

Infant-Family and Early Childhood Mental Health Webinar Series 2021



We invite you to join us for a new Webinar Series on Trauma-Informed Practices and Infant-Family and Early Childhood Mental Health

These **1-HOUR VIRTUAL WEBINARS** are offered at no cost, and are designed to highlight key aspects of infant-family and early childhood mental health and trauma-informed care for early learning and care programs and staff working with young children and their families. To register, click on the link for the ECE Workforce Registry at: [HTTPS://WWW.CAREGISTRY.ORG/](https://www.caregistry.org/) and go to the Training Calendar.

Early Experiences and Trauma

February 23, 2021 from 4:00-5:00pm

Anita Osborn, MA, PPS, LEP

In this opening webinar of the CIBC series, participants will learn about how excessive stress can interfere with young children's development, causing disruptions in learning and behavior. Early learning and care providers with an understanding of risks related to trauma are better-equipped to create safe environments and secure connections that will benefit all children in their care.

Topics include:

- Early experiences and hierarchy of brain organization
- Childhood adversity and the impact of toxic stress, including Adverse Childhood Experiences (ACEs)
- Screening for trauma in young children
- Recognizing and responding to trauma-triggered behaviors

Exploring Equity with a Trauma-Informed Lens

March 18, 2021 from 4:00-5:00pm

Crystal McClendon-Gourdine, PhD

This webinar will explore how implicit bias affects our understanding and actions without our conscious awareness. Over time, transforming our perceptions allows us to actively promote equity in our conversations, interactions and daily activities.

Topics include:

- Implicit bias vs. explicit bias: What is the difference?
- Engaging in courageous conversations
- Considerations for everyday interactions, activities and planning

Healing in the Context of Relationships

April 21, 2021 from 4:00-5:00pm

Anita Osborn, MA, PPS, LEP

This webinar will explore the essential role of the early learning and care workforce in responding to the risks associated with childhood adversity. Capacity building of competent and nurturing caregivers begins with honoring the hard work of being one. Participants will be offered tools and strategies embedded in a trauma- and resiliency-informed perspective to support their daily work with young children and their families.

Topics include:

- Adult as a protective buffer and the role of self-care
- Brain-based responsive strategies
- Building resilience through positive childhood experiences

Inclusive Programs for Young Children: Universal Design for Learning with a Trauma-Informed Lens

May 12, 2021 from 4:00-5:00pm

Melissa Sanjeh, MSW

This webinar will address the link between two important frameworks in early learning and care programs. How do we combine trauma-informed practices and universal design for learning (UDL) as we build inclusive programs? We will explore specific strategies within these frameworks to reduce barriers for young children impacted by trauma.

Topics include:

- An overview of UDL and trauma-informed practices
- The neuroscience behind UDL and trauma-informed practices
- How to leverage each framework to build inclusive programs

For more information, contact us at: 877-524-2422 or cibc@wested.org

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