

TRIPLE P ONLINE

Resilient children cope better

FREE IN
ORANGE
COUNTY

POSITIVE PARENTING IN UNCERTAIN TIMES: UNDERSTAND YOUR CHILD'S BEHAVIOR TO HELP THEM REACH THEIR POTENTIAL

Support your child's emotional wellbeing (and improve yours, too!)

We all face challenges sometimes—and recent events have added extra stress into family life. But positive parenting skills and strategies can make a huge difference to your child's development and wellbeing. And that can have a far-reaching impact on their life, and yours.

Why Triple P works

The Triple P – Positive Parenting Program is one of the world's best. Having already helped 4 million children and their families, Triple P gives you proven parenting strategies that will help you develop your child's talents and life-skills—so they can be happy, confident and successful. In the meantime, your home life will be better too: with rules followed, relationships stronger, and parents who are much less stressed!

Now, there's Triple P Online, so you can set your own parenting goals, learning step-by-step whenever you like. It'll help you:

- Cope with difficulties and emotional stress
- Encourage good behavior
- Prevent tantrums & manage misbehavior
- Take the stress out of shopping
- Manage problems calmly and without yelling
- Get your child to cooperate and follow instructions
- Strengthen your relationship as you teach them new skills

START MAKING POSITIVE CHANGES TODAY!

Right now, this world-class program is available FREE in Orange County, and you can do it all online.

www.triplep-parenting.com

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