

Active Parenting classes are here to help!

If you have a child, chances are you've had your fair share of challenging days. Join our fun and interactive classes!

Active Parenting Classes can help you:

- Balance discipline with affection
- Praise your child's good behavior
- Reduce problem behaviors
- Minimize power struggles
- Communicate effectively
- Challenges of COVID-19 and its impact on parenting

Classes available at **no cost to Orange County parents** and caregivers.

Class size is limited. *Pre-registration is required.*

Please call or email the Parent Educator to enroll or for more information:

Jocelyn-Arredondo@olivecrest.org
714.263.1454

Parenting Class via ZOOM (Classes will be held in English.)

Join us from the comfort of your home with your smartphone or computer

In collaboration with Blessed Sacrament Church

Schedule: Saturdays, 9:15 am - 10:45 am

March: 6, 13, 20, 27 | April: 10, 17

Topics for Active Parenting for School-Aged Children

Session 1 - The Active Parent

Session 2 - Cooperation & Communication

Session 3 - Responsibility & Discipline

Session 4 - Building Courage & Self Esteem

Session 5 - Understanding & Redirecting Misbehavior

Session 6 - 7 Smart Tips for School Success & Limiting Risks

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Please call or email in order to enroll or for more information:

Evelina Panossian Saki: (714) 361-4375
Evelina-Panossian@olivecrest.org

Parenting Class via ZOOM (Classes will be held in English.)

Join us from the comfort of your home with your smartphone or computer

Schedule: Saturdays, 10:00 a.m. – 12:00 p.m.

March: 6, 13, 20, 27 | April: 3 and 10

Topics for School-Aged Children

Session 1 - The Active Parent

Session 2 - Cooperation & Communication

Session 3 - Responsibility & Discipline

Session 4 - Building Courage & Self-Esteem

Session 5 - Understanding and Redirecting Misbehavior

Session 6 - Active Parenting for School & Graduation

Session 7 - Putting It All Together, Q&A