

Infant and Early Childhood Mental Health Consultation



COVID-19 has had a significant, ongoing impact on the mental health of young children, families and early learning and care program staff and providers. **The California Infant and Early Childhood Mental Health Consultation (IECMHC) Network** (formerly known as the California Inclusion and Behavior Consultation [CIBC] Network) has resources to support you.

We recognize the essential role that early learning and care staff and providers play in the lives of young children and their families. To support your work, the Network's consultants are available statewide for consultation to promote the social and emotional health and well-being of children and the adults who care for them.

AREAS OF SUPPORT INCLUDE:



Promoting positive mental health and social and emotional development



Focusing on relationships and practices that buffer against stress and trauma



Addressing behavior that providers find concerning or challenging



Developing a program culture that promotes the well-being of providers, children and families

The Network services are offered at **no cost** virtually through web-based technology or by phone to early learning and care programs and home-based providers. To request services, go to The Network website (cibc-ca.org) and click on the Request for Assistance tab on the left. Once we receive your request, a staff member from The Network will contact you.

For more information, contact us at: 877-524-2422 or cibc@wested.org

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