

# Keen Center for Senior Resources

## SUPPORT GROUPS

Designed to help individuals cope with physical, emotional and/or caregiving demands by providing tools and emotional support to face life's challenges. **Dates and times subject to change, please call 949-724-6926 to confirm.**

### Alzheimer's Caregivers Support Group

*Where:* Trabuco Center  
*When:* Last Mondays, Monthly  
*Time:* 1–2:30 p.m.  
*Sponsor:* Alzheimer's OC

### Compassionate Friends

*A group for people who have lost a child at any age.*

*Where:* Lakeview Senior Center  
*When:* 1st Wednesdays, monthly  
*Time:* 7–9 p.m.  
*Sponsor:* Compassionate Friends

### Diabetes Education and Support Group

*For individuals with Type 1 or Type 2 diabetes.*  
*Where:* Lakeview Senior Center  
*When:* 1st Fridays, monthly  
*Time:* 1–2:30 p.m.  
*Sponsor:* Irvine Senior Services

### Loss of a Spouse

*Where:* Lakeview Senior Center  
*When:* 3rd Thursdays, monthly  
*Time:* 1–2:30 p.m.  
*Sponsor:* Irvine Senior Services

## TRANSPORTATION RESOURCES

Contact us for a complete listing of transportation options available to seniors residing in Irvine.

### CarFit® Check

*Offers older adults the opportunity to evaluate how well their personal vehicles "fit." Pre-registration required.*

*Where:* Lakeview Senior Center  
*When:* Dates and times vary, call for schedule  
*Sponsor:* Irvine Senior Services, American Occupational Therapy Association, American Automobile Association, and AARP

### Volunteer Drivers

*For non-emergency medical appointments only. Pre-registration required.*  
*Where:* Lakeview Senior Center  
*When:* Monday–Friday by appointment; one-week advance notice required.  
*Sponsor:* Irvine Senior Services

**ASSISTANCE PROGRAMS**  
*on reverse*

**Keen Center for Senior Resources**  
**9 a.m.–3 p.m. Monday–Thursday • 9 a.m.–Noon Fridays**  
**949-724-6926 • [irvineseniors.org](http://irvineseniors.org)**  
**Lakeview Senior Center • 20 Lake Road**



# ASSISTANCE PROGRAMS

Free consultations designed for Irvine seniors 50 and older. Experienced advisors are available to address a variety of questions and explore options. **Dates and times are subject to change, call 949-724-6926 for appointments.**

## California Telephone Access Program (CTAP)

*Offers free specialized phones designed for individuals with disabilities.*

*Free on-site hearing test.*

**Where:** Lakeview Senior Center

**When:** Dates and times vary, call for schedule

**Sponsor:** California Public Utilities Commission

## Financial Investment Consultation

*General investment and unbiased financial consultation focused on the senior's needs. No selling or endorsements of products or services.*

**Where:** Lakeview Senior Center

**When:** 1st Tuesdays, monthly

**Time:** 2–5 p.m.

**Sponsor:** George Faas, Financial Planning Specialist

## Elder Law (Wills, Trusts, Probate)

*Brief consultation for estate, trusts, and wills.*

**Where:** Lakeview Senior Center

**When:** 1st Mondays, monthly

**Time:** 9:30 a.m.–Noon

**Sponsor:** Merhab Robinson & Clarkson, Law Corporation

## Food Commodities Program

*Qualifying seniors, 60 years and older, receive a box of non-perishable food.*

*Self-reported income and photo identification with proof of age required.*

**Where:** Lakeview Senior Center

**When:** Typically 3rd Mondays, monthly; call for schedule

**Time:** 9 a.m.–Noon

**Sponsor:** Community Action Partnership

## Health Insurance Counseling and Advocacy (HICAP)

*Medicare and HMO consultation.*

**Where:** Lakeview Senior Center

**English:** Wednesdays, 9:30 a.m.–Noon

**Sponsor:** Council on Aging of Southern California

## Hearing Testing

*No appointment required.*

*Please bring hearing aids.*

**Where:** Lakeview Senior Center

**When:** 3rd Thursdays, monthly

**Time:** 9:30–11 a.m.

**Sponsor:** Sonus Hearing

## Legal Aid Society of Orange County

*For seniors 60 years and older, a 20-minute consultation addressing general legal questions.*

**Where:** Lakeview Senior Center

**When:** 2nd Thursdays, monthly

**Time:** 1:30–4:30 p.m.

**Sponsor:** Community Legal Aid SoCal

## Medication Review

*Bring all medication for individual review with licensed pharmacist and pharmacy students.*

**Where:** Lakeview Senior Center

**When:** Select Fridays, call for schedule

**Time:** 1:30–3 p.m.

**Sponsor:** Orange County Health Care Agency

## Mobility Equipment Lending Program

*Wheelchairs, walkers, crutches and canes available at no cost for a 30-day loan period, based upon equipment availability.*

**Where:** Lakeview Senior Center

**When:** Monday–Thursday, 9 a.m.–3 p.m.

Fridays, 9 a.m.–Noon  
*(For assistance outside of these hours, visit the Lakeview Senior Center front desk)*

**Sponsor:** Irvine Senior Services

برای کسب اطلاعات به زبان فارسی، لطفاً با شماره 949-724-6926 تماس بگیرید.

한국어로 된 정보를 원하시면 949-724-6926 로 연락 바랍니다.

如需中文資訊，請致電 949-724-6926。

有关中文信息，请致电 949-724-6926。

日本語で情報を共有する場合、電話番号 949-724-6926 までご連絡ください

Para obtener información en español, llame al 949-724-6926.

Để biết thêm thông tin bằng tiếng Việt, xin vui lòng gọi đến số 949-724-6926.

للحصول على المعلومات باللغة العربية، اتصل بالرقم 949-724-6926.