

Resource Linkage

SUPPORT GROUPS

Designed to help individuals cope with physical, emotional and/or caregiving demands by providing tools and emotional support to face life's challenges. **Dates and times subject to change, please call 949-724-6926 to confirm.**

Alzheimer's Caregivers Support Group

Where: Trabuco Center
When: Last Mondays, monthly
Time: 1–2:30 p.m.
Sponsor: Alzheimer's OC

Diabetes Education & Support

Where: Lakeview Senior Center
When: Call to schedule appointment
Sponsor: Irvine Older Adult Services

Loss of a Child

Where: Lakeview Senior Center
When: 1st Wednesdays, monthly
Time: 7–9 p.m.
Sponsor: Compassionate Friends

Loss of a Spouse

Where: Lakeview Senior Center
When: 3rd Thursdays, monthly
Time: 12:45–2:15 p.m.
Sponsor: Irvine Older Adult Services

Where: Trabuco Center
When: 1st Thursdays, monthly
Time: 1–2:30 p.m.
Sponsor: Irvine Older Adult Services

Loss of a Spouse in Hindi

Where: Virtual Meeting via Zoom
When: 1st Thursdays, monthly
Time: 1–2:30 p.m.
Sponsor: Irvine Older Adult Services

TRANSPORTATION RESOURCES

Contact us for a complete listing of transportation options available to older adults residing in Irvine.

**ONE-ON-ONE
CONSULTATIONS**
on reverse

Volunteer Driver Program

Transportation provided to non-emergency medical appointments at no charge. Registration required.

Where: Lakeview Senior Center
When: Monday–Friday by appointment; one-week advance notice required.
Sponsor: Irvine Older Adult Services



Resource Linkage
949-724-6926
irvineolderadults.org

Lakeview Senior Center • 20 Lake Road
Rancho Senior Center • 3 Ethel Coplen Way
Trabuco Center • 5701 Trabuco Road

ONE-ON-ONE CONSULTATIONS

Free consultations with trained and experienced advisors are available to adults 50 and older to address a variety of questions and to explore options. **Dates and times are subject to change. Visit yourirvine.org or call 949-724-6926 for appointments.**

Ask a Nurse

Adults 50 years and older can register for a consultation with a community nurse to address health concerns, collaborate on better care planning, and continued education to improve self-care. Appointment required.

Where: Lakeview Senior Center

When: 2nd Tuesdays

Time: 9:30–11:45 a.m.

Sponsor: Hoag Nurse Navigator

Bridge to Online Access

Adults 50 years and older can register for consultations to get help completing online applications or making appointments. City staff will assist with navigating websites like the DMV, the City's online registration, Irvine Valley College, and more.

Where: Lakeview Senior Center

When: Thursdays

Time: 11 a.m.–Noon

Sponsor: Irvine Older Adult Services

Elder Law

Adults 50 years and older can register for brief consultations for estate planning, trusts, and wills.

Where: Lakeview Senior Center

When: 1st Mondays, monthly

Time: 9:30 a.m.–12:10 p.m.

Sponsor: Merhab Robinson
& Clarkson, Law Corporation

Where: Rancho Senior Center

When: Last Fridays, monthly

Time: 9–11:30 a.m.

Sponsor: Law Office of
Richard R. Sprague

Financial Empowerment Coaching

Learn basic financial skills to understand budgeting and to help reach financial goals. Learn how to prevent identity theft and fraud, and receive services such as utility assistance and more.

Where: Lakeview Senior Center

When: Last Wednesdays

Time: Noon–3 p.m.

Sponsor: Community Action Partnership

Financial Investment Consultation

Adults 50 years and older can register for a general investment and unbiased financial consultation focused on their needs. There is no selling or endorsements of products or services.

Where: Lakeview Senior Center

When: Select Tuesdays, monthly

Time: 1–5 p.m.

Sponsor: George Faas, Financial
Planning Specialist

Health Insurance

Counseling & Advocacy (HICAP)

HICAP volunteers provide Medicare and HMO consultations.

When: Wednesdays, Lakeview
Senior Center
9:30–11:45 a.m.

When: Tuesdays, Trabuco Center
9:30–11:45 a.m.

Sponsor: Council on Aging of
Southern California

iPad Lending

iPads can be checked out at the Resource Linkage at the Keen Center. This project is funded in whole or in part through a grant from the California Department of Aging.

Where: Lakeview Senior Center

When: Monday–Friday

Time: 9 a.m.–4 p.m.

Sponsor: Office on Aging

Medication Review

Bring all medication for individual review with a licensed pharmacist and pharmacy students.

Where: Lakeview Senior Center

When: Select Fridays,
call for schedule

Time: 1:30–3:30 p.m.

Sponsor: Orange County Health
Care Agency

Memory Screening

Adults 50 years and older can register for a 30-minute consultation to assess their cognitive abilities. Appointment required.

Where: Lakeview Senior Center

When: Select Mondays,
call for schedule

When: Select Tuesdays,
call for schedule
(in Spanish - En Español)

Time: 10 a.m.–Noon

Sponsor: Alzheimer's OC

Mobility Equipment Lending

Wheelchairs, walkers, crutches, and canes available at no cost for a 30-day loan period based upon equipment availability. Available to all Irvine residents. Reserve by phone or at yourirvine.org.

Where: Lakeview Senior Center

When: Monday–Friday,
9 a.m.–4 p.m.
(For assistance outside of
these hours, visit Lakeview
Senior Center front desk)

Sponsor: Irvine Older Adult Services

Public Law Legal Consultation

Adults 50 years and older can register for a 60-minute consultation addressing civil legal services.

Where: Lakeview Senior Center

When: 2nd Thursdays

Time: 1:30–4:30 p.m.

Sponsor: Public Law Center



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