



# Active Parenting School-Aged Course

IF YOU HAVE A CHILD, CHANCES ARE YOU'VE HAD YOUR FAIR SHARE OF CHALLENGING DAYS. JOIN OUR FUN AND INTERACTIVE CLASSES!

Classes available at NO COST TO ORANGE COUNTY parents and caregivers. Class size is limited.

Zoom Virtual Course  
Hosted by Irvine Unified School District

**Thursdays**

**5:30pm- 7:30pm**

**February 6, 13, 20, 27 | March 6, 13**

**Classes in English**

Pre-registration is required.

Parent Educator: Lidia Roman

714-543-5437 ext 1921

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## AGENDA

- Session 1 - The Active Parent
- Session 2 - Cooperation & Communication
- Session 3 - Responsibility & Discipline
- Session 4 - Building Courage & Self-Esteem
- Session 5 - Understanding and Redirecting Misbehavior
- Session 6 - Active Parenting for School

