

## Active Parenting School-Aged Course

IF YOU HAVE A CHILD, CHANCES ARE YOU'VE HAD YOUR FAIR SHARE OF CHALLENGING DAYS. JOIN OUR FUN AND INTERACTIVE CLASSES!

Classes available at NO COST TO ORANGE COUNTY parents and caregivers. Class size is limited.

Pre-registration is required.

To RSVP contact:
CHEC Family Resource Center
checfrc@factoc.org
949-489-7742

Parent Educator: <u>danielle-tobias@olivecrest.org</u> 714-543-5437 ext. 1923

Parenting class will be via Zoom (in English)

Join us from the comfort of your own home with your smartphone or computer!

Schedule: Wednesdays 5:30pm - 7:30pm August 6, 13, 20, 27 | September 3, 10

## **AGENDA**

- Session 1 The Active Parent
- Session 2 Cooperation & Communication
- Session 3 Responsibility & Discipline
- Session 4 Building Courage & Self-Esteem
- Session 5 Understanding and Redirecting Misbehavior
- Session 6/7 Active Parenting for School & Graduation

