



Strong Families, Safe Kids

COOPERATIVE COPARENTING CLASS



Join our interactive coparenting classes to build a stronger future for your child—together.

This course offers essential information and support for parents who are separated or divorced. Participants will discover effective strategies to reduce conflict, improve communication, and successfully co-parent. The class is offered at NO-COST to Orange County Residents

***Please note that space is limited. ***

Active Parenting™ Course Session Topics:

- **Session 1:** Child-focus or Out of Focus
- **Session 2:** Plan for Peace or Tug of War
- **Session 3:** Letting Go or Holding On
- **Session 4:** Make It Better Or Keep It Bitter
- **Session 5:** Neither Fight Nor Take Flight
- **Session 6:** Defuse or Light the Fuse
- **Session 7:** All a Winner or Winner Take All
- **Session 8:** Cooperation or Conflict

**Limited Class Size
Pre-registration is required**

For enrollment contact:

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Location: Tustin Family
Resource Center
180 E. Main St. Suite 102
Tustin CA 92780

Schedule: Wednesdays 5-7PM
Oct: 1,8,15,22,29 Nov: 5,12,19



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(714) 361-4381

www.oliveacrest.org/parenting