

COOPERATIVE COPARENTING CLASS



Join our interactive coparenting classes to build a stronger future for your child-together.

This course offers essential information and support for parents who are separated or divorced. Participants will discover effective strategies to reduce conflict, improve communication, and successfully co-parent. The class is offered at NO-COST to Orange County Residents

*Please note that space is limited. *

Active Parenting™ Course Session Topics:

- •Session 1: Child-focus or Out of Focus
- •Session 2: Plan for Peace or Tug of War
- •Session 3: Letting Go or Holding On
- •Session 4: Make It Better Or Keep It Bitter
- •Session 5: Neither Fight Nor Take Flight
- •Session 6: Defuse or Light the Fuse
- •Session 7: All a Winner or Winner Take All
- •Session 8: Cooperation or Conflict

Limited Class Size Pre-registration is required

For enrollment contact:

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Location: Oak View Family Resource Center 17261 Oak Ln, Huntington Beach, CA 92647

Schedule: Tuesdays 5:00-7:00 pm Oct. 14, 21, 28 | Nov. 4, 11, 18, 25 | Dec. 2