



Strong Families, Safe Kids

# Parenting Education

## October 2025 Schedule

Classes are available at no cost to Orange County parents and caregivers.

Parenting classes can:

- Build strong, healthy relationships with your children
- Address your child's problem behavior
- Minimize problems that disrupt family life
- Raise responsible, caring children

You'll learn valuable skills, including how to:

- Communicate effectively
- Avoid family conflicts
- Give positive attention
- Balance discipline with affection
- Praise your child's good behavior appropriately



**Register today!**

For more information, please call the contact listed.

\*For virtual courses, a Zoom link will be provided.



Funded by: OC Health Care Agency

### Active Parenting-First Five Years

Curriculum for parents of children ages 0-5

Language/City	Address/Contact	Schedule
<b>English</b> Santa Ana (PM)	<b>Olive Crest</b> Virtual Course- over Zoom*  Evelina Panossian Saki   714-361-4375 <a href="mailto:Evelina-panossian@olivecrest.org">Evelina-panossian@olivecrest.org</a>	<b>Thursdays</b> 7:15 PM – 8:45 PM  October: 16, 23 November: 6, 13, 20
<b>English</b> Santa Ana (AM)	<b>Olive Crest</b> Virtual Course- over Zoom*  Daisy Hernandez   657-622-4112 <a href="mailto:Daisy-hernandez@olivecrest.org">Daisy-hernandez@olivecrest.org</a>	<b>Thursdays</b> 8:30 AM – 10:30 AM  October: 23, 30 November: 6, 13, 20
<b>English</b> Tustin (AM)	<b>Tustin FRC</b> Virtual Course- over Zoom*  Estee Song   714-543-5437 ext. 1922 <a href="mailto:Estee-song@olivecrest.org">Estee-song@olivecrest.org</a>	<b>Tuesdays</b> 10:00 AM – 12:00 PM  October: 28 November: 4, 18, 25 December: 2, 9
<b>Spanish</b> Westminster (AM)	<b>Westminster FRC</b> 7200 Plaza St, Westminster, CA 92683  Nadia Huq   657-622-4176 <a href="mailto:Nadia-huq@olivecrest.org">Nadia-huq@olivecrest.org</a>	<b>Thursdays</b> 11:00 AM – 1:00 PM  October: 16, 23, 30 November: 6, 13, 20
<b>Spanish</b> Anaheim (PM)	<b>Manzanita FRC</b> Virtual Course- over Zoom*  Lidia Roman   714-543-5437 ext. 1921 <a href="mailto:Lidia-roman@olivecrest.org">Lidia-roman@olivecrest.org</a>	<b>Wednesdays</b> 6:00 PM – 8:00 PM  October: 29 November: 5, 12, 19 December: 3, 10



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### Active Parenting-First Five Years

Curriculum for parents of children ages 0-5

Language/City	Address/Contact	Schedule
<b>Spanish</b> Newport Beach (PM)	<b>Newport Mesa FRC</b> Virtual Course- over Zoom*  Nadia Huq   657-622-4176 <a href="mailto:Nadia-huq@olivecrest.org">Nadia-huq@olivecrest.org</a>	<b>Thursdays</b> 5:30 PM – 7:30 PM  October: 30 November: 6, 13, 20 December: 4, 11

### Active Parenting -School Age

Curriculum for parents of children ages 6-12

Language/City	Address/Contact	Schedule
<b>English</b> Stanton (PM)	<b>Stanton FRC</b> Virtual Course- over Zoom*  Julissa Ponce   714-379-0129 <a href="mailto:Julissa-ponce@olivecrest.org">Julissa-ponce@olivecrest.org</a>	<b>Wednesdays</b> 5:00 PM – 7:00 PM  October: 15, 22, 29 November: 5, 12, 19
<b>English</b> Santa Ana (PM)	<b>MIX Academy</b> 1010 W 17 <sup>th</sup> Street, Santa Ana, CA 92706  Sofia Guerra   714-543-5437 ext.1371 <a href="mailto:Sofia-guerra@olivecrest.org">Sofia-guerra@olivecrest.org</a>	<b>Wednesdays</b> 7:00 PM – 8:00 PM  October: 15, 22, 29 November: 5, 12, 19
<b>English</b> Tustin (AM)	<b>Boys and Girls Club of Tustin</b> Virtual Course- over Zoom*  Maria Cisneros   714-361-4372 <a href="mailto:Maria-cisneros@olivecrest.org">Maria-cisneros@olivecrest.org</a>	<b>Tuesdays</b> 8:30 AM – 10:30 AM  October: 21, 28 November: 4, 11, 18, 25



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### Active Parenting -School Age

Curriculum for parents of children ages 6-12

Language/City	Address/Contact	Schedule
<b>Korean</b> Irvine (AM)	<b>Cypress Village Elementary</b> Virtual Course – over Zoom*  Estee Song   714-543-5437 ext. 1922 <a href="mailto:Estee-song@olivecrest.org">Estee-song@olivecrest.org</a>	<b>Thursdays</b> 9:00 AM – 11:00 AM  October: 2, 9, 16, 30 November: 6, 13
<b>Spanish</b> Santa Ana (PM)	<b>Olive Crest</b> Virtual Course – over Zoom*  Rosaura Navejas   714-248-3299 <a href="mailto:Rosaura-navejas@olivecrest.org">Rosaura-navejas@olivecrest.org</a>	<b>Mondays</b> 6:00 PM – 8:00 PM  October: 20, 27 November: 3, 10, 17, 24
<b>Spanish</b> Santa Ana (AM)	<b>Garfield Elementary</b> 850 Brown Street, Santa Ana, CA 92701  Daisy Hernandez   657-622-4112 <a href="mailto:Daisy-hernandez@olivecrest.org">Daisy-hernandez@olivecrest.org</a>	<b>Wednesdays</b> 8:30 AM – 10:30 AM  October: 22, 29 November: 5, 12, 19
<b>Spanish</b> Santa Ana (PM)	<b>Wilson Elementary</b> Virtual Course – over Zoom*  Nadia Huq   657-622-4176 <a href="mailto:Nadia-huq@olivecrest.org">Nadia-huq@olivecrest.org</a>	<b>Tuesdays</b> 5:30 PM – 7:30 PM  October: 28 November: 4, 11, 18 December: 2, 9
<b>Spanish</b> Santa Ana (PM)	<b>Downtown FRC</b> 450 W. 4 <sup>th</sup> St. Ste. 130, Santa Ana, CA 92701  Rosaura Navejas   714-248-3299 <a href="mailto:Rosaura-navejas@olivecrest.org">Rosaura-navejas@olivecrest.org</a>	<b>Wednesdays</b> 5:30 PM – 7:30 PM  October: 29 November: 5, 12, 19 December: 3, 10



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### Active Parenting -School Age

Curriculum for parents of children ages 6-12

Language/City	Address/Contact	Schedule
<b>Vietnamese</b> Garden Grove (PM)	<b>Garden Grove Unified School District</b> Virtual Course- over Zoom*  Phuong Nguyen   714-361-4374 <a href="mailto:Phuong-nguyen@olivecrest.org">Phuong-nguyen@olivecrest.org</a>	<b>Wednesdays</b> 5:30 PM – 7:30 PM  October: 1, 8, 15, 22, 29 November: 5
<b>Vietnamese</b> Irvine (AM)	<b>Irvine Intermediate FRC</b> 10552 Hazard Ave, Garden Grove, CA 92843  Phuong Nguyen   714-361-4374 <a href="mailto:Phuong-nguyen@olivecrest.org">Phuong-nguyen@olivecrest.org</a>	<b>Fridays</b> 9:00 AM – 11:00 AM  October: 3, 10, 17, 24, 31 November: 7

### Active Parenting of Teens

Curriculum for parents of children ages 13-18

Language/City	Address/Contact	Schedule
<b>English</b> Lake Forest (PM)	<b>SOC FRC</b> Virtual Course – over Zoom*  Daisy Hernandez   657-622-4112 <a href="mailto:Daisy-hernandez@olivecrest.org">Daisy-hernandez@olivecrest.org</a>	<b>Wednesdays</b> 5:30 PM – 7:30 PM  October: 8, 15, 22, 29 November: 5, 12, 19
<b>Mandarin</b> Santa Ana (PM)	<b>FASCA</b> Virtual Course – over Zoom*  Shiow Wen   714-543-5437 ext. 1165 <a href="mailto:Shiow-wen@olivecrest.org">Shiow-wen@olivecrest.org</a>	<b>Fridays</b> 7:00 PM – 9:00 PM  October: 3, 10, 17, 24 November: 7, 14



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### Active Parenting of Teens

Curriculum for parents of children ages 13-18

Language/City	Address/Contact	Schedule
<b>Spanish</b> Santa Ana (AM)	<b>Manuel Esqueda</b> 2240 South Main St, Santa Ana, CA 92707  Nadia Huq   657-622-4176 <a href="mailto:Nadia-huq@olivecrest.org">Nadia-huq@olivecrest.org</a>	<b>Mondays</b> 8:30 AM – 10:30 AM  October: 6, 13, 20, 27 November: 3, 10, 17
<b>Spanish</b> San Juan Capistrano (PM)	<b>CHEC FRC</b> Virtual Course – over Zoom*  Daniel Gonzalez   714-543-5437 ext. 1004 <a href="mailto:Daniel-gonzalez@olivecrest.org">Daniel-gonzalez@olivecrest.org</a>	<b>Wednesdays</b> 4:30 PM – 6:30 PM  October: 8, 15, 22, 29 November: 5, 12, 19
<b>Spanish</b> Santa Ana (PM)	<b>Olive Crest</b> Virtual Course – over Zoom*  Rosaura Navejas   714-248-3299 <a href="mailto:Rosaura-navejas@olivecrest.org">Rosaura-navejas@olivecrest.org</a>	<b>Tuesdays</b> 6:00 PM – 8:00 PM  October: 14, 21, 28 November: 4, 11, 18



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- Give positive attention
- Reduce conflict and successfully coparent



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### Active Parenting: Cooperative Coparenting Class

Curriculum for coparents

Language/City	Address/Contact	Schedule
<b>English</b> Tustin (PM)	<b>Tustin FRC</b> 180 E Main St. Ste 102, Tustin, CA 92780  Janet Vera   714-361-4373 <a href="mailto:Janet-vera@olivecrest.org">Janet-vera@olivecrest.org</a>	<b>Wednesday</b> 5:00 PM – 7:00 PM  October: 1, 8, 15, 22, 29 November: 5, 12, 19
<b>English</b> Huntington Beach (PM)	<b>Oak View FRC</b> 17261 Oak Ln, Huntington Beach, CA 92647  Karen Tinajero   657-232-6663 <a href="mailto:Karen-tinajero@olivecrest.org">Karen-tinajero@olivecrest.org</a>	<b>Tuesdays</b> 5:00 PM – 7:00 PM  October: 14, 21, 28 November: 4, 11, 18, 25 December: 2



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