

# February

## Class Schedule

### Foster and Kinship Care Education

### Saddleback College

Class	Date & Time	Location	Registration & Other Information
<b>Adult Attachment: How We Connect Series-Part 3</b> <i>Tristen McGhee, M.Ed., TBRI Practitioner &amp; Adoptive Mom</i>	Tuesday February 3 10:00am-12:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>Positive Discipline for Dealing with Big Emotions</b> <i>Erin Kim, Resource Parent Mentor</i>	Tuesday February 3 10:00am-12:00pm	In-person Meeting	OC United 418 W. Commonwealth Ave. Fullerton, 92832 *Childcare provided To register call 714-704-8255 or email <a href="mailto:resourcefamilysupport@ssa.ocgov.com">resourcefamilysupport@ssa.ocgov.com</a>
<b>Working with Birth Parents</b> <i>Robert Waddington, M.S.W.</i>	Tuesday February 3 6:00-8:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>Conflict Resolution</b> <i>Rick Bazant, Psy. D</i>	Wednesday February 4 6:00-8:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>Fostering Healthy Attachments</b> <i>Robert Waddington, M.S.W.</i>	Thursday February 5 6:00-8:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>Swipe Right- Empowering Caregivers to Guide Their Child's Social Media Use</b> <i>Roylyn Burton, M.A.</i>	Friday February 6 9:00-11:00am	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>Planning for Transitions to Limit Fear Based Response in Children</b> <i>Caroline Ano, M.S.W.</i>	Friday February 6 6:00-8:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>Psychotropic Medication &amp; Foster Care: What Resource Parents Need to Know</b> <i>Xochitl Major, Psy.D, LMFT &amp; Veronica Flores De Leon, M.S.W.</i>	Saturday February 7 9:00am-1:00pm	In-person Meeting	Scholarship Prep-Grand 1821 N. Grand Ave., Santa Ana, CA 92705 To register please email Kristen Crowe <a href="mailto:kcrowe@scholarshipschools.org">kcrowe@scholarshipschools.org</a> or call 714-795-3498
<b>Advanced Topics: Neurobiology of Trauma and Personal Applications for Resource Parents</b> <i>David Adams, Psy.D, LPCC, BCBA-D</i>	Saturday February 7 1:00-3:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>Swipe Right- Empowering Caregivers to Guide Their Child's Social Media Use</b> <i>Roylyn Burton, M.A.</i>	Monday February 9 6:00-8:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>Taking Care of Yourself While Caring for Others</b> <i>Mayra Roman-Aguilar, L.M.F.T.</i>	Monday February 9 6:00-8:00pm	In-Person Meeting	Olive Crest 2130 E. 4th Street, Suite 200, Santa Ana 92705 To register please email <a href="mailto:kinship@olivecrest.org">kinship@olivecrest.org</a> or call 714-361-4370 *Childcare provided
<b>Managing Meltdowns</b> <i>Tristen McGhee, M.Ed., TBRI Practitioner &amp; Adoptive Mom</i>	Tuesday February 10 10:00am-12:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.

Class	Date & Time	Location	Registration & Other Information
<b>Self-Care for Parents of Special Needs Kids</b> <i>Alicia McCormick, MA</i>	Tuesday February 10 6:00-8:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>Hurting Oneself or Others</b> <i>Robert Waddington, M.S.W.</i>	Wednesday February 11 6:00-9:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>CSEC Commercial Sexual Exploitation of Children &amp; Foster Care: What Resource Parents Need to Know</b> <i>Xochitl Major, Psy.D, LMFT &amp; Veronica Flores De Leon, M.S.W.</i>	Thursday February 12 6:00-8:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>Managing Meltdowns</b> <i>Tristen McGhee, M.d., TBRI Practitioner &amp; Adoptive Mom</i>	Thursday February 12 10:00am-12:00pm	In-Person Meeting	Saddleback Church- Plaza Building 1 Saddleback Parkway, Lake Forest, 92630 Register here <a href="https://www.eventbrite.com/e/1975698442225?aff=oddttdtcreator">https://www.eventbrite.com/e/1975698442225?aff=oddttdtcreator</a>
<b>Unbreakable Spirit: Strengthening Resilience in Foster Youth</b> <i>Cheyenne Givens, M.S.W., A.S.W.</i>	Tuesday February 17 6:00-8:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>Building Self-Esteem and Character in the Traumatized Child</b> <i>Robert Waddington, M.S.W.</i>	Wednesday February 18 6:00-8:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>Getting Along with Others</b> <i>Robert Waddington, M.S.W.</i>	Thursday February 19 6:00-8:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>TBRI® Trust Based Relational Intervention</b> <i>How to Create a Family Meeting</i> <i>Caroline Ano, M.S.W.</i>	Friday February 20 6:00-8:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>Positive Discipline for Preschoolers</b> <i>Robert Waddington, M.S.W.</i>	Saturday February 21 9:00am-12:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>All About OC Social Services Agency &amp; Community Resources</b> <i>Roylyn Burton, M.A.</i>	Monday February 23 6:00-8:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>Developing and Supporting Attachment in Infants</b> <i>Alicia McCormick, MA</i>	Tuesday February 24 6:00-8:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>Brain Development and the Impact of Trauma</b> <i>Elizabeth Hutchinson Cervantes, L.C.S.W.</i>	Wednesday February 25 6:00-8:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>Nutrition and Food Related Issues</b> <i>Tristen McGhee, M.d., TBRI Practitioner &amp; Adoptive Mom</i>	Thursday February 26 10:00am-12:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.
<b>LGBTQ+ Youth and Foster Care: What Resource Parents Need to Know</b> <i>Xochitl Major, Psy.D, LMFT</i>	Wednesday February 26 6:00-8:00pm	ZOOM Meeting	Register for class at: <a href="#">Register Here!</a> After registering, you will receive a confirmation email about joining the class.

NEW CLASS!

\*FKCE-Saddleback College serves Orange County Resource Parents and Kinship Caregivers

Please visit our website for more information

<https://www.saddleback.edu/learning-saddleback/foster-and-kinship-care-education>

You can also contact us with any questions at [scfkc@saddleback.edu](mailto:scfkc@saddleback.edu) or (949)582-4884

Follow us on Facebook at [@FKCESaddlebackCollege](#) & Instagram [@SCFKCE](#)



Foster & Kinship Care Education Program  
Saddleback College