

February

Class Schedule

Foster and Kinship Care Education

Saddleback College

Class	Date & Time	Location	Registration & Other Information
Adult Attachment: How We Connect Series-Part 3 <i>Tristen McGhee, M.Ed., TBRI Practitioner & Adoptive Mom</i>	Tuesday February 3 10:00am-12:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
Positive Discipline for Dealing with Big Emotions <i>Erin Kim, Resource Parent Mentor</i>	Tuesday February 3 10:00am-12:00pm	In-person Meeting	OC United 418 W. Commonwealth Ave. Fullerton, 92832 *Childcare provided To register call 714-704-8255 or email resourcefamilysupport@ssa.ocgov.com
Working with Birth Parents <i>Robert Waddington, M.S.W.</i>	Tuesday February 3 6:00-8:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
Conflict Resolution <i>Rick Bazant, Psy. D</i>	Wednesday February 4 6:00-8:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
Fostering Healthy Attachments <i>Robert Waddington, M.S.W.</i>	Thursday February 5 6:00-8:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
Swipe Right- Empowering Caregivers to Guide Their Child's Social Media Use <i>Roylyn Burton, M.A.</i>	Friday February 6 9:00-11:00am	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
Planning for Transitions to Limit Fear Based Response in Children <i>Caroline Ano, M.S.W.</i>	Friday February 6 6:00-8:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
Psychotropic Medication & Foster Care: What Resource Parents Need to Know <i>Xochitl Major, Psy.D, LMFT & Veronica Flores De Leon, M.S.W.</i>	Saturday February 7 9:00am-1:00pm	In-person Meeting	Scholarship Prep-Grand 1821 N. Grand Ave., Santa Ana, CA 92705 To register please email Kristen Crowe kcrowe@scholarshipschools.org or call 714-795-3498
Advanced Topics: Neurobiology of Trauma and Personal Applications for Resource Parents <i>David Adams, Psy.D, LPCC, BCBA-D</i>	Saturday February 7 1:00-3:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
Swipe Right- Empowering Caregivers to Guide Their Child's Social Media Use <i>Roylyn Burton, M.A.</i>	Monday February 9 6:00-8:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
Taking Care of Yourself While Caring for Others <i>Mayra Roman-Aguilar, L.M.F.T.</i>	Monday February 9 6:00-8:00pm	In-Person Meeting	Olive Crest 2130 E. 4th Street, Suite 200, Santa Ana 92705 To register please email kinship@olivecrest.org or call 714-361-4370 *Childcare provided
Managing Meltdowns <i>Tristen McGhee, M.Ed., TBRI Practitioner & Adoptive Mom</i>	Tuesday February 10 10:00am-12:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.

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Self-Care for Parents of Special Needs Kids <i>Alicia McCormick, MA</i>	Tuesday February 10 6:00-8:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
Hurting Oneself or Others <i>Robert Waddington, M.S.W.</i>	Wednesday February 11 6:00-9:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
CSEC Commercial Sexual Exploitation of Children & Foster Care: What Resource Parents Need to Know <i>Xochitl Major, Psy.D, LMFT & Veronica Flores De Leon, M.S.W.</i>	Thursday February 12 6:00-8:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
Managing Meltdowns <i>Tristen McGhee, M.d., TBRI Practitioner & Adoptive Mom</i>	Thursday February 12 10:00am-12:00pm	In-Person Meeting	Saddleback Church- Plaza Building 1 Saddleback Parkway, Lake Forest, 92630 Register here https://www.eventbrite.com/e/1975698442225?aff=odddtcreator
Unbreakable Spirit: Strengthening Resilience in Foster Youth <i>Cheyenne Givens, M.S.W., A.S.W.</i>	Tuesday February 17 6:00-8:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
Building Self-Esteem and Character in the Traumatized Child <i>Robert Waddington, M.S.W.</i>	Wednesday February 18 6:00-8:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
Getting Along with Others <i>Robert Waddington, M.S.W.</i>	Thursday February 19 6:00-8:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
TBRI® Trust Based Relational Intervention <i>How to Create a Family Meeting</i> <i>Caroline Ano, M.S.W.</i>	Friday February 20 6:00-8:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
Positive Discipline for Preschoolers <i>Robert Waddington, M.S.W.</i>	Saturday February 21 9:00am-12:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
All About OC Social Services Agency & Community Resources <i>Roylyn Burton, M.A.</i>	Monday February 23 6:00-8:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
Developing and Supporting Attachment in Infants <i>Alicia McCormick, MA</i>	Tuesday February 24 6:00-8:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
Brain Development and the Impact of Trauma <i>Elizabeth Hutchinson Cervantes, L.C.S.W.</i>	Wednesday February 25 6:00-8:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
Nutrition and Food Related Issues <i>Tristen McGhee, M.d., TBRI Practitioner & Adoptive Mom</i>	Thursday February 26 10:00am-12:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.
LGBTQ+ Youth and Foster Care: What Resource Parents Need to Know <i>Xochitl Major, Psy.D, LMFT</i>	Wednesday February 26 6:00-8:00pm	ZOOM Meeting	Register for class at: Register Here! After registering, you will receive a confirmation email about joining the class.

*FKCE-Saddleback College serves Orange County Resource Parents and Kinship Caregivers

Please visit our website for more information

<https://www.saddleback.edu/learning-saddleback/foster-and-kinship-care-education>

You can also contact us with any questions at sckfce@saddleback.edu or (949)582-4884
Follow us on Facebook at [@AFKCESaddlebackCollege](https://www.facebook.com/AFKCESaddlebackCollege) & Instagram @SCFKCE

