



# Active Parenting School-Aged Course

IF YOU HAVE A CHILD, CHANCES ARE YOU'VE HAD YOUR FAIR SHARE OF CHALLENGING DAYS. JOIN OUR FUN AND INTERACTIVE CLASSES!

Classes available at NO COST TO ORANGE COUNTY parents and caregivers. Class size is limited.

**Minnie Street FRC**  
**714-972-5775**  
**Course Is Virtual**

Parent Educator: Sofia Guerra  
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**Schedule:**  
**Tuesday's 8:30am-10:30am**  
**February 17, 24 | March 3, 10, 17, 24**

## AGENDA

- Session 1 - The Active Parent
- Session 2 - Cooperation & Communication
- Session 3 - Responsibility & Discipline
- Session 4 - Building Courage & Self-Esteem
- Session 5 - Understanding and Redirecting Misbehavior
- Session 6 - Active Parenting for School/Graduation

