

# CHILDREN'S HOME SOCIETY OF CALIFORNIA CHILD CARE PROVIDER WORKSHOP AND ACTIVITY

## BUILDING BRIGHTER TOMORROWS FOR CHILDREN TODAY



A Resource and Referral (R&R) Program, Family, Friend, or Neighbor (FFN), and Child Care Initiative Project (CCIP) Child Care Provider Workshop and Activity

### HEALTH AND NUTRITION WORKSHOP AND BUILD YOUR PLATE FAMILY, FRIEND, OR NEIGHBOR (FFN) ACTIVITY

**Saturday, May 2, 2026**

**Workshop 9:00- 11:00 a.m.**

**FFN Activity 11:00 a.m. - 12:00 p.m.**

**Orange Office**

**333 South Anita Dr., Suite 350 | Orange, CA 92868**

#### In this Workshop and FFN activity

In this workshop, we will discuss the learning foundations for health and nutrition. Child care providers will have the opportunity to share ideas for helping children develop healthy habits and promote their knowledge of wellness, as well as review nutrition requirements in child care settings. Please note, you may attend either or both events.

The intention of this FFN Activity is for providers to build on the information provided in the Health and Nutrition Workshop. Participants will have an opportunity to create a hands-on activity while connecting with other providers to obtain support and share their stories, experiences, concerns, and insights.

#### Reserve Your Space in Advance

Please register for this workshop event via one of the below options:

- Scan the QR code
- Visit the CHS Workshops and Events webpage and register via Eventbrite: <https://chs-ca.org/workshops-events/>
- Please reach out to our Orange office at (714) 543-2273 / (949) 364-6605 with any questions you have.



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