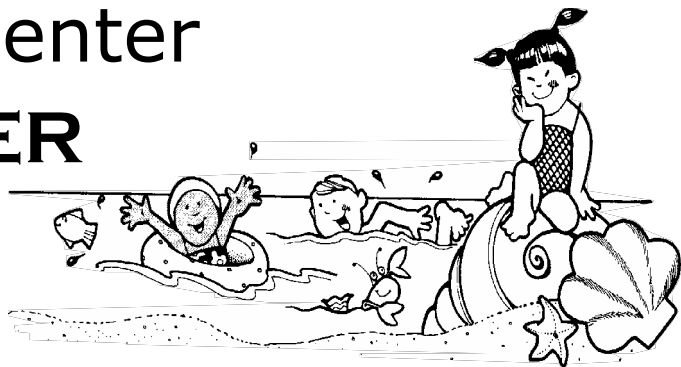


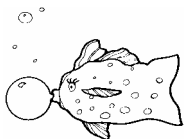
Child Resource Center NEWSLETTER

Summer 2003



Look For New Books

We have recently ordered new books to update our library. "The Survival Guide for Kids With LD", "The Power of Positive Talk", "Listen and Learn", "Share and Take Turns" are just few of them. More detailed description of each book is included on page 4. We hope that you will enjoy these new items which are now available at the Resource Center.



Mothers' Morning Program Update

This program sponsored by the City of Irvine Community Services is an encouraging drop-in program providing interesting guest speakers and stimulating discussion. Mothers and infants participate together.

This Mothers' group will start meeting again in September at Turtle Rock Community Park, every second Monday. To obtain more information about the program or to be put on mailing list please contact Maureen Cox at (949) 724-6638.

* **We Will Be Open** *
* **Regular Hours** *
* **All Summer** *
* Monday-Thursday *
* 12:00 noon-8:00 pm *
* **Open Saturdays** *
* July 26 *
* August 23 *
* September 27 *
* 10:00 am-2:00 pm *
* **The Resource Center** *
* **will be closed on:** *
* September 1st *
* Labor Day *

Summer Classes For Children Offered at Different Locations

Kid's Arts Club Irvine Fine Arts Center

Children ages 3-5 have fun developing their creativity in this arts program. They will be introduced to a variety of art activities such as drawing, painting, ceramics, printmaking, collage, and more. Art supplies are provided. For more information and to register call (949) 724 - 6610

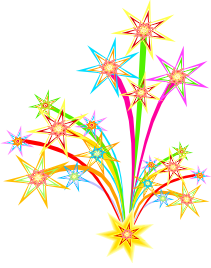
Things That Go! Heritage Park Community Center

Trains, cars and planes all fascinate children. Each week the focus will be on a different way of getting around town. Parent participation is required for this class. To register call (949) 724 - 6610.

To find more classes check out the Irvine Community Services Brochure which you can pick up from the Resource Center.

Confetti Sparklers

You will need: paper towel tubes, aluminum foil, confetti.



To make these spark-free “sparklers” for your children, cover cardboard paper towel tubes with aluminum foil, leaving an extra three inches of foil at each end. Seal one end by folding up the extra foil. Fill the tube with confetti, then twist the foil at the other end to form a “wick.” Have your children hold their sparklers firmly by the sealed end and wave them around to make the confetti fly.

Fireworks Display

Give each child a large piece of black construction paper and several small pieces of colored tissue paper. Have each child crumple pieces of tissue paper and glue them into a small circle on the construction paper. Then let them use glue to “draw” lines going out from the tissue paper circles. Help the children cover the glue with glitter. Shake off excess glitter. The picture will look just like fireworks bursting in the sky.



Parade Stick

You will need: Newspaper, glue stick, red, white and blue crepe paper streamers, tape and scissors.

Roll a piece of newspaper tightly into a slim, long cone. Wrap tape around cone in several places to strengthen. Wrap cone completely with white crepe paper, gluing in place. Cut a 5’ length of red crepe paper in half lengthwise. Wrap diagonally around cone. Glue in place. Cut five 4’ lengths of blue crepe paper. Fold in half. Tape folded ends securely around wider cone end. Cut out stars and glue them to blue streamers.

Oil & Marbled Paper

You will need: Medium-weight paper, oil paints, 2 or 3 colors, turpentine or mineral spirits, paper cups, plastic dishpan or deep tray, paint brush, small stick, notebook, and rubber cement.

Thin each oil paint color with a little turpentine in the paper cups. The paint should be thin enough to shake easily from a brush. Fill the dishpan with room temperature water at least 3” deep. With the paint brush, sprinkle small drops of each color onto the water. Use a small stick (a toothpick) to make swirling designs in the water. Don’t over mix, or the colors will get muddy. Hold the paper by opposite corners and carefully lower it onto the water. Dry the paper flat, design-side up, on newspaper. Glue the paper to the cover of a notebook such as a spiral-bound pad. Trim any excess off.

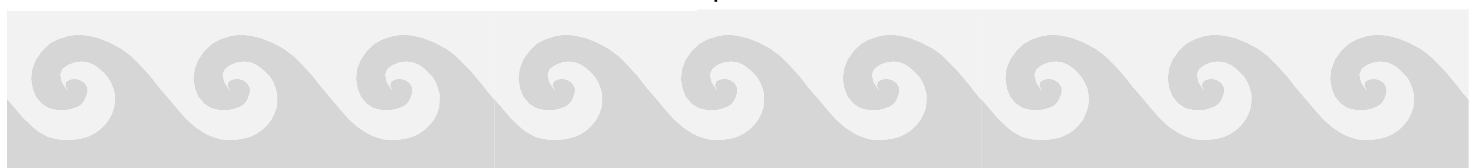
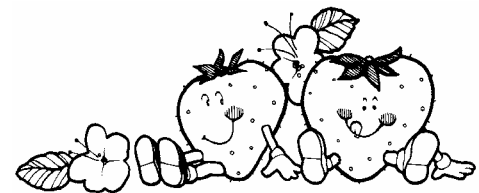
Stars and Stripes Collage

You will need: 9” x 12” blue, red and white construction paper, glue, scissors.

Give each child 1 blue construction paper. Cut several stripes from white and red construction paper. Set out glue, stripes and red and silver stars. Let the children glue the stripes on their papers and attach the stars any way they wish to create their own “stars and stripes” designs.

Red, White and Blueberries

Place strawberries and blueberries in separate bowls. Let your children take turns mashing the berries with forks. Give each child some plain yogurt in a small bowl. Let them spoon both kinds of mashed berries over their yogurt to make a 4th of July treat.



Outdoor Art

Sunshine Dough

You will need: 3 cups salt, 1 $\frac{3}{4}$ cups water (divided), 1 $\frac{1}{4}$ cups cornstarch.

Combine salt and 1 cup water in a saucepan. Cook over medium heat, stirring often, until water evaporates, about 5 minutes. Remove from heat. Combine cornstarch and remaining water in a small bowl; stir until smooth. Add cornstarch mixture to salt mixture. Stir over low heat until thoroughly combined. Remove from heat. When dough is cool enough to handle, transfer to a sealed plastic bag or other airtight container. Children can use the dough to make sculptures. They may press small pebbles, grass, twigs, flowers, or other nature items into their sculptures.

Hint: A spray bottle filled with water is handy for keeping the dough soft and pliable while children are working with it.

Nature Viewer

Ask each of your children to bring a small clear-plastic jar from home. Remove the labels from the jars. Set out bins of sand, grass, evergreen needles, wild rice, gravel, and other natural materials. Have your children layer the nature items in their jar until it is full. Help them securely screw the lid onto the jar.

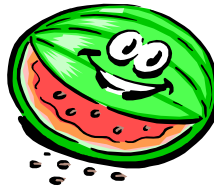
Making Games

Magazine pictures and poster board are great for creating letter, number, or object matching cards and game boards. To make a nature matching game, select three pieces of poster board and draw a different environment (sky, beach, forest). Collect pictures of animals that might live in these environments. Laminate the animal pictures and let your children match them to the environment where they might be found.

Watermelon

You will need: Red and green construction paper, watermelon seeds, scissors, and glue.

For each child cut a large green circle and a slightly smaller red circle from construction paper. Have the children glue their red paper circles on top of their green circles. Then let them glue some watermelon seeds on their red circles to make “watermelon slices.”



Pounded Flowers

You will need: Flowers, white construction paper, newspaper, wax paper, and rubber mallet.

Ask your children to collect brightly colored flower blossoms. If possible, try to find a variety of flower types and colors. Have each child arrange his or her flowers upside down on a sheet of white construction paper and cover them with a sheet of waxed paper. Sandwich the covered flowers between two pads of newspaper. Let your children pound on the newspaper with a rubber mallet to flatten the flowers. Gently separate the papers and scrape off the flower petals. Pretty flower prints, perfect for note-cards, will remain.



Corn Cobs Prints

You will need: Corn cobs, tempera paint, and paper.

Dried out corn cobs make beautiful paintings. To dry the cobs, simply wash and allow to dry for several days.

Prepare tempera and roll out shelf paper or brown grocery bags. Place paint in shallow trays and let children dip the cobs in the paint and roll onto the paper. What a creative, expressive art activity.



NEW BOOKS

HOW TO TAKE THE GRRRRR OUT OF ANGER

by *Elizabeth Verdick and Marjorie Lisovskis*. Anger is a part of life. We can't avoid it, we shouldn't stuff it, and we can't make it go away. Kids need help learning how to manage their anger. This book speaks directly to them and offers strategies they can start using immediately. Young readers learn that violence is not acceptable and there are better, safer, more positive ways to resolve conflicts. *112 pp., illust., S/C, 5 1/8" x 7". Ages 8–13. \$9.95*

LISTEN AND LEARN

by *Cheri J. Meiners, M. Ed.* Knowing how to listen is essential to learning, growing, and getting along with others. Simple words and inviting illustrations help children develop skills for listening, understand why it's important to listen, and recognize the positive results of listening. Includes a note to teachers and parents, additional information for adults, and activities.

THE POWER OF POSITIVE TALK: Words to Help Every Child Succeed: A Guide for Parents, Teachers, and Other Caring Adults (Revised and Updated Edition)

by *Douglas Bloch, M.A., with Jon Merritt*. Affirmations are more than just words. They can heal hurts, build self-esteem, and empower us to face life with confidence and courage. This revised and updated edition of a beloved classic makes affirmations easy to understand. Douglas Bloch leads readers step-by-step through the process of helping kids turn off the negative voice within and activate the powerful "yes!" voice.

PROBLEM CHILD OR QUIRKY KID? A Commonsense Guide

by *Rita Sommers-Flanagan, Ph.D., and John Sommers-Flanagan, Ph.D.* Many parents wonder, "Is my child normal?" They may be concerned about their child's behaviors, attitudes, feelings, or general development. This book gives parents the advice, reassurance, and practical knowledge they need to help their child and themselves. The message throughout is clear: What's best is when our children are neither normal or abnormal, but simply able to live well.

SHARE AND TAKE TURNS

by *Cheri J. Meiners, M. Ed.* Sharing is a social skill all children need to learn—the sooner the better. Concrete examples and reinforcing illustrations help children practice sharing, understand how and why to share, and realize the benefits of sharing. Includes a note to teachers and parents, additional information for adults, and activities.

THE SURVIVAL GUIDE FOR KIDS WITH LD (Learning Differences) (Revised & Updated Edition)

by *Gary Fisher, Ph.D., and Rhoda Cummings, Ed.D.* First published in 1990, this survival guide has helped countless young people labeled "learning disabled"—and the adults who care about them. Retaining the best of the original edition—the warmth, affirmation, and solid information kids need to know they're smart and can learn, they just learn differently—this new edition addresses laws that have changed and advancements in technology.

TEETH ARE NOT FOR BITING Board Book

by *Elizabeth Verdick, illustrated by Marieka Heinlen*. "Crunch crunch crunch. Teeth are strong and sharp. Crunch crunch crunch. Teeth can help you chew. But teeth are not for biting. Ouch! Biting hurts." Sooner or later, almost all young children will bite someone—a friend, a parent, a sibling. This upbeat, colorful, virtually indestructible book helps prevent biting and teaches positive alternatives.